

COMMONWEALTH OF PENNSYLVANIA  
DEPARTMENT OF LABOR AND INDUSTRY  
BUREAU OF WORKERS' COMPENSATION  
1171 S. CAMERON STREET, ROOM 103  
HARRISBURG, PA 17104-2501  
(TOLL FREE) 800-482-2383  
TTY (TOLL FREE) 800-382-4228

# EMPLOYER'S REPORT OF OCCUPATIONAL INJURY OR DISEASE

EMPLOYEE SOCIAL SECURITY NUMBER

\_\_\_\_-\_\_\_\_-\_\_\_\_

DATE OF INJURY

\_\_\_\_-\_\_\_\_-\_\_\_\_  
MONTH DAY YEAR

EMPLOYEE FIRST NAME

\_\_\_\_\_

EMPLOYEE LAST NAME

\_\_\_\_\_

STREET ADDRESS

\_\_\_\_\_

CITY

\_\_\_\_\_

STATE

\_\_\_\_

ZIP CODE

\_\_\_\_-\_\_\_\_

COUNTY

\_\_\_\_\_

PHONE NUMBER

\_\_\_\_-\_\_\_\_-\_\_\_\_

EMPLOYEE:

MALE  MARRIED   
FEMALE  SINGLE

NUMBER OF DEPENDENTS

\_\_\_\_

DATE OF BIRTH

\_\_\_\_-\_\_\_\_-\_\_\_\_  
MONTH DAY YEAR

OCCUPATION OR JOB TITLE

\_\_\_\_\_

NCCI CLASS CODE (IF KNOWN)

\_\_\_\_

EMPLOYMENT STATUS

\_\_\_\_

FT = Full-time  
PT = Part-time

SL = Seasonal  
VO = Volunteer  
ZZ = Other

EMPLOYER

B o r o u g h o f N o r r i s t o w n

STREET ADDRESS

2 3 5 E a s t A i r y S t r e e t

CITY

N o r r i s t o w n

STATE

P A

ZIP CODE

1 9 4 0 1

SIC CODE

9 1 1 1

EMPLOYER FEIN

2 3 - 6 0 0 2 9 1 4

PHONE NUMBER

\_\_\_\_-\_\_\_\_-\_\_\_\_

COUNTY

M O N T G O M E R Y

NAICS CODE

9 2 1 1 1 0

FULL PAY FOR DAY OF INJURY?

YES   
NO

TIME EMPLOYEE BEGAN WORK

\_\_\_\_:\_\_\_\_ AM   
PM

TIME OF OCCURRENCE

\_\_\_\_:\_\_\_\_ AM   
PM



LAST DAY WORKED

\_\_\_\_-\_\_\_\_-\_\_\_\_  
MONTH DAY YEAR

DATE DISABILITY BEGAN

\_\_\_\_-\_\_\_\_-\_\_\_\_  
MONTH DAY YEAR

DATE EMPLOYER NOTIFIED

\_\_\_\_-\_\_\_\_-\_\_\_\_  
MONTH DAY YEAR

DATE RETURNED TO WORK

\_\_\_\_-\_\_\_\_-\_\_\_\_  
MONTH DAY YEAR

DATE OF HIRE

\_\_\_\_-\_\_\_\_-\_\_\_\_  
MONTH DAY YEAR

CONTACT FIRST NAME

D A R L E N E

CONTACT PHONE NUMBER

6 1 0 - 2 7 9 - 3 6 7 3

CONTACT LAST NAME

N O R W O O D

NOTICE: Report should be clearly completed, (preferably typed) and original mailed to the Bureau at the address in the upper left corner and a copy to employee and insurer.

TYPE OF INJURY CODE      PART OF BODY AFFECTED CODE      CAUSE OF INJURY CODE (ENTER CODES, IF KNOWN)

TYPE OF INJURY OR ILLNESS

PARTS OF BODY AFFECTED

CAUSE OF INJURY

DID INJURY OR ILLNESS OCCUR ON EMPLOYER'S PREMISES?  
YES   
NO

IF OUT OF STATE, SPECIFY STATE OF INJURY

WERE SAFEGUARDS OR SAFETY EQUIPMENT PROVIDED?  
YES   
NO

WERE SAFEGUARDS OR SAFETY EQUIPMENT USED?  
YES   
NO

ALL EQUIPMENT, MATERIALS, OR CHEMICALS EMPLOYEE WAS USING WHEN ACCIDENT OR ILLNESS EXPOSURE OCCURRED

[Empty box for equipment details]

HOW INJURY OR ILLNESS/ABNORMAL HEALTH CONDITION OCCURRED. DESCRIBE THE SEQUENCE OF EVENTS AND INCLUDE ANY OBJECTS OR SUBSTANCES DIRECTLY RESPONSIBLE.

[Empty box for injury description]

IF FATAL, GIVE DATE OF DEATH

MONTH      DAY      YEAR

INITIAL TREATMENT:

- NO MEDICAL TREATMENT
- MINOR BY EMPLOYEE
- CLINIC / HOSPITAL
- PANEL PHYSICIAN
- EMPLOYEE PHYSICIAN
- EMERGENCY CARE
- HOSPITALIZED MORE THAN 24 HOURS

POLICY PERIOD FROM:

0 1 - 1 6 - 2 0 1 5  
MONTH      DAY      YEAR

POLICY PERIOD TO:

0 1 - 1 6 - 2 0 1 6  
MONTH      DAY      YEAR

PHYSICIAN/HEALTH CARE PROVIDER

FIRST NAME:      LAST NAME:  
STREET  
CITY      STATE      ZIP

HOSPITAL NAME:  
STREET  
CITY      STATE      ZIP

POLICY/SELF INSURED NUMBER:

0 9 1 0 0 0 0 0 0 0 2 9 1 1 5

WITNESS FIRST NAME

WITNESS PHONE NUMBER

WITNESS LAST NAME

PERSON COMPLETING THIS FORM:

NAME: Darlene Norwood <dnorwood@norristown.org>  
TITLE: HR Generalist  
PHONE: (610) 279-3673

INSURANCE CARRIER OR THIRD PARTY ADMINISTRATOR (IF SELF-INSURED)

NAME: AMERIHEALTH CASUALTY SERVICES      P 215-587-1851  
STREET 1700 Market Street, Suite 700      F 888-636-7725  
CITY Philadelphia      STATE PA      ZIP 19103  
BUREAU CODE: 2371      FEIN:

DATE PREPARED

MONTH      DAY      YEAR



344 1197-2

Any individual filing misleading or incomplete information knowingly and with intent to defraud is in violation of Section 1102 of the Pennsylvania Workers' Compensation Act and may also be subject to criminal and civil penalties through Pennsylvania Act 165.

1700 Market Street  
Suite 700  
Philadelphia, PA 19103  
1-800-335-5972  
amerihealthcasualty.com



## What Happens If I Get Hurt At Work? (For PA employees)

***Even at the safest of workplaces, injuries can occur. Here's what to do if you are injured at work:***

1. Notify your supervisor immediately. He/She will ensure that you receive medical care if you need it and will file a workers' compensation claim on your behalf.
2. For emergency care you should go to the closest emergency room. Any follow-up care should be provided by one of the approved facilities on your workers' compensation panel list. For non-emergencies, choose one of the panel doctors. If you do not have a panel list, see your supervisor or Human Resources.
3. According to Pennsylvania's Workers' Compensation Act, you must treat with a panel provider for the first **90 days**. Any unauthorized treatment or treatment outside the panel will be **your** financial responsibility and may jeopardize your claim. After 90 days you may treat with a provider of your choice but you **must** notify your employer in writing within 5 days of the first visit or the treatment becomes your financial responsibility.
4. The panel physician will evaluate your injury and determine if it is safe for you to return to work. If you are not returned to work, notify your supervisor immediately.
5. You must keep scheduled appointments with your treatment provider. If, for any reason, you are unsatisfied with the care you are receiving, please call AmeriHealth at 1-888-871-3606. After regular business hours, call 1-800-393-7196. Our claims adjusters and medical case managers are available to discuss your claim and to ensure that you receive reasonable and necessary care for your work injury.

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### ***Acknowledgment***

In compliance with Pennsylvania's Workers' Compensation Act, I acknowledge that I have been informed of my rights and have received a copy of the designated health care provider panel which was designed by AmeriHealth Casualty Services for my employer, MUNICIPALITY OF NORRISTOWN. I understand that any work

(Name of Company)

related injury or illness is to be immediately reported to my supervisor and, with the exception of true emergency care; I am to treat with one of the providers on the panel for the first 90 days after my injury. I understand that if I treat outside this panel without proper authorization, my employer has the right to refuse payment for that care. Should I still require treatment after 90 days, I understand that I may choose a non-panel provider but that I must notify my employer within five days of the first visit to this provider. I understand that if surgery is recommended I may seek a second opinion with a physician of my choosing. If the second opinion differs, I may choose the course of treatment I wish to follow but that treatment is to be rendered by one of the panel providers if I am within the first 90 days after injury.

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Signature

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Date

## Que Sucede Si Se Hiere En El Trabajo?

**Hasta en los lugares de trabajo mas seguros, lesiÓns pueden ocurrir. Lo siguiés lo que debe hacer si se hiere en el trabajo:**

1. Notifique a su supervisor inmediatamente. El / Ella se asegurará de que usted reciba asistencia médica si usted la necesita, y pondrá una demanda de la remuneración de trabajadores en su favor.
2. Para tratamiento de emergencia, usted debe ir a la sala de emergencia más cercana. Para tratamiento que no sea emergencia, elija a uno de los médicos del panel. Si usted no tiene una lista del panel, ve a su supervisor o Recursos Humanos. Cualquier tratamiento adicional se debe proporcionar por uno de los proveedores aprobados en la lista del panel.
3. Según el Acto de la Remuneración de Trabajadores de Pennsylvania, usted debe tratar con un proveedor del panel para los primeros 90 días. Cualquier tratamiento que no sea autorizado o tratamiento fuera del panel será su responsabilidad financiera y puede comprometer su demanda. Después de 90 días usted puede tratar con un proveedor que usted elija, pero usted debe notificar a su patrón en escrito dentro de 5 días de la primera visita o el tratamiento se convierte en su responsabilidad financiera.
4. El médico del panel evaluará su lesión y determinará si usted puede volver al trabajo. Si se determina que usted no debe volver al trabajo, notifique a su supervisor inmediatamente.
5. Usted debe guardar citas fijadas con su proveedor del tratamiento. Si por cualquier razón, usted no está satisfecho con el tratamiento que está recibiendo, por favor llame a AmeriHealth al 1-800-335-5972. Después de horas de oficina regulares, llame al 1-800-393-7196. Nuestros ajustadores de reclamaciones y encargados de casos médicos están disponibles para hablar de su reclamación y para asegurar que usted reciba el cuidado razonable y necesario para su lesión.

### **Reconocimiento:**

En conformidad con el Acto de la Remuneración de Pennsylvania, reconozco que me han informado mis derechos y he recibido una copia del panel designado del proveedor del cuidado médico que fue diseñado por los servicios de AmeriHealth Casualty para mi patrón, MUNICIPALITY OF NORRISTOWN (nombre de la compañía). Comprendo que cualquier lesión o enfermedad relacionada al trabajo debe ser reportada inmediatamente a mi supervisor y, con excepción del cuidado de emergencia, debo tratar con uno de los proveedores en el panel para los primeros 90 días después de mi lesión. Comprendo que si trato fuera de este panel sin la autorización apropiada, mi patrón tiene el derecho de rechazar el pago para ese tratamiento. Si requiero tratamiento después de 90 días, entiendo que puedo elegir un proveedor fuera del panel, pero debo notificar a mi patrón dentro de 5 días de la primera visita a este proveedor. Comprendo que si se recomienda cirugía debo obtener una segunda opinión con un médico de mi elección. Si defiere la segunda opinión, puedo elegir el curso de tratamiento que deseo, pero ese tratamiento debe ser rendido por uno de los proveedores del panel si estoy dentro de los primeros 90 días después de la lesión.

\_\_\_\_\_  
Firma

\_\_\_\_\_  
Fecha

Copia 1: Recursos Humano  
Copia 2: Empleado

1700 Market Street  
Suite 700  
Philadelphia, PA 19103  
1-800-335-5972  
amerihealthcasualty.com



## AUTHORIZATION TO RELEASE MEDICAL INFORMATION

I hereby authorize any physician, nurse or other health care professional who has attended me, or any hospital at which I have been confined to furnish to AmeriHealth Casualty Services or an authorized representative, any and all information which may be requested regarding my physical or mental condition and treatment rendered therefore and, if necessary, to allow them or any physician appointed by them to examine any x-rays taken of me or records regarding my physical or mental condition or treatment.

A photocopy of this instrument may be used instead of the original.

## LA AUTOTIZACION A SOLTAR A INFORMACION MEDICO

Por este medio autorizo a cualquier médico, cualquiera enfermera u otro profesional de cuidado de la salud que me ha asistido a mí, o cualquier hospital en el cual he estado recluido para proveer para AmeriHealth Casualty Services o un representante autorizado, cualquier información que puede ser demandado referente a mi condición física o mental y que mi tratamiento dado por esto y, si necesario, a permitirlos a ellos o cualquier médico señalado por ellos a examinar cualquier tome radiografías de mí o los registros estimando mi condición física o mental o el tratamiento.

Una fotocopia de esta forma puede ser usada en lugar del original.

\_\_\_\_\_  
Date

\_\_\_\_\_  
La fecha

\_\_\_\_\_  
Employee's Name (Print)

\_\_\_\_\_  
Nombre del Empleado (la Impresión)

\_\_\_\_\_  
Employee's Signature

\_\_\_\_\_  
Signatura del Empleado

\_\_\_\_\_  
Employee's Date of Birth

\_\_\_\_\_  
Fesha de Nacimiento del Empleado

\_\_\_\_\_  
Employee's Social Security Number

\_\_\_\_\_  
El Numero de Seguro Social del Empleado

\_\_\_\_\_  
Employee's Home/Cell Phone Number

\_\_\_\_\_  
El Número de Teléfono de Casa/Celular del Empleado

# MUNICIPALITY OF NORRISTOWN

## WORKERS' COMPENSATION PROGRAM: DESIGNATED HEALTH CARE PROVIDERS

THE FOLLOWING PROCEDURE MUST BE FOLLOWED IN CASE OF WORK RELATED INJURY OR ILLNESS:

**A. IMMEDIATELY REPORT THE INJURY TO YOUR SUPERVISOR.**

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

**B. OBTAIN MEDICAL CARE FROM A PROVIDER LISTED BELOW:**

Provider	Address	Phone Number	Specialty
1. Anthony Mela, DO	Crozier Centers For OccHealth Urgent Care @ Park Care, 8 Morton Avenue #206, Ridley Park, PA 19078	610-595-6811	OCCUPATIONAL MEDICINE
2. Susan Dornstein, DO	Crozier Centers For OccHealth, 196 West Sproul Road #110, Springfield, PA 19064	610-328-8760	OCCUPATIONAL MEDICINE
3. Heidi Weston, MD	WorkNet, 170 N. Henderson Rd. #200, King of Prussia, PA 19406	610-337-1558	OCCUPATIONAL MEDICINE
4. Mark Gerner, MD	Montgomery Occupational Health, McShea Bid, 1301 Powell Street Norristown, PA 19401	610-270-2555	OCCUPATIONAL MEDICINE
5. Joseph R. Schneider, DC	The Back & Neck Pain Relief Center, 477 Baltimore Pike Springfield, PA 19064	610-544-9800	CHIROPRACTIC
6. Paul R. Bove, DC	1246 W. Main St., Norristown, PA 19401	610-272-6111	CHIROPRACTIC
7. Express Dental Care	For the nearest location, please call the toll free number.	888-539-0577	DENTIST
8. Progressive Medical, Inc.	For the nearest location, please call the toll free number.	800-777-3574	DURABLE MEDICAL EQUIPMENT
9. Robert W. Frederick, MD	Rothman Institute, 170 N. Henderson Rd., # 100, King of Prussia, PA 19406	267-339-3776	ORTHOPEDIC SURGERY
10. Brett Horwitz, MD	Montgomery Orthopedic Assoc., 170 West Germantown Pike., Norristown, PA 19401	610-279-8686	ORTHOPEDIC SURGERY
11. National Pharmaceutical Services (NPS)	for the nearest location, please call the toll free number	800-546-5677	PHARMACY
12. Universal Smart Comp	For the nearest location, please call the toll free number.	877-362-3391	PHYSICAL THERAPY
13. NovaCare Rehabilitation	For the nearest location, please call the toll free number.	800-770-6682	PHYSICAL THERAPY
14. Ravel Imaging	For the nearest location, please call the toll free number.	800-453-0574	RADIOLOGY
15. Mercy Suburban Hospital	2701 DeKalb Pike, Norristown, PA 19401	610-278-2185	HOSPITAL (FOR EMERGENCY SERVICES ONLY)
16. Einstein Medical Center Montgomery	559 West Germantown Pike, East Norriton, PA 19403	215-885-2403	HOSPITAL (FOR EMERGENCY SERVICES ONLY)

**C. MEDICAL EMERGENCY:**

If you are faced with a medical emergency, you may secure initial emergency treatment from any emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

**D. IF YOU CHOOSE TO TREAT WITH AN OUT OF STATE PROVIDER, YOU MAY BE SUBJECT TO BALANCE BILLING.**

**E. FOR MEDICAL TREATMENT TO BE PAID BY YOUR EMPLOYER:**

1. You must select one of the physicians or physician groups listed above
2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act, Section 306 (F) (1) (i)
3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.
4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmeriHealth Casualty Services  
1700 Market Street, 7th Floor  
Philadelphia, PA 19103

1/21/14

**Municipality of Norristown Accident Investigation Form**  
(complete within 24 hours of accident)

Date of Injury: \_\_\_\_\_ Date Accident Investigation Completed: \_\_\_\_\_

Supervisor Completing this Accident Investigation: \_\_\_\_\_  
(must be DIRECT supervisor)

List employee(s) hurt in accident: \_\_\_\_\_  
\_\_\_\_\_

When did accident occur (date and  
time): \_\_\_\_\_

Location of Accident: \_\_\_\_\_

Describe in detail, the accident: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Describe factors which contributed to the accident: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What risk-control measures will be implemented as a result?: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Additional Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_